

The Indiana Commission to Combat Drug Abuse



*Behavioral Health Division*

## **Comprehensive Community Plan**

County: OHIO COUNTY

LCC Name: CITIZENS FOR A DRUG FREE OHIO COUNTY

LCC Contact: DEBORAH THOMASON

Address: 591 SMART DRIVE

City: RISING SUN, INDIANA 47040

Phone: 812-438-2437

Email: [dthomason@occfrisingsun.com](mailto:dthomason@occfrisingsun.com)

County Commissioners:

Address: OHIO COUNTY COURTHOUSE, 413 MAIN STREET

City: RISING SUN, INDIANA

Zip Code: 47040

## **Vision Statement**

What is your Local Coordinating Council's vision statement?

**To ensure all residents of Ohio County have access to optimal resources so they can be successful in their lives.**

## **Mission Statement**

What is your Local Coordinating Council's mission statement?

**Engage and support Ohio County residents with quality substance abuse awareness, education, training, treatment, and resources to enable residents to lead a productive life.**

Membership List					
#	Name	Organization	Race	Gender	Category
1	Beckett, Amy	DC/Ohio Co Prosecutor	W	F	Judicial
2	Browning, Brian	Rising Sun Police	W	M	Judicial
3	Chipman, Shannon	Purdue Extension	W	F	Education
4	Cole, Deb	River Valley Resource	W	F	Education
5	Hartman, Stephanie	Choices CERT	W	F	Treatment
6	KassColvin, Nicole	Safe Place Sexual Assault Center	W	F	Education
7	Kroger, Beth	Safe Passage	W	F	Education
8	Lozier, Shaina	SIEOC	W	F	Education
9	Matzet, Amy	NYAP	W	F	Education
10	Potts, Glen	Ohio Co Sheriff	W	M	Judicial
11	Riley, Kathy	One Comm/One Family	W	F	Education
12	Rimstidt, Rodney	Rising Sun Police	W	M	Judicial
13	Rolf, Laura	Big Brothers/Big Sisters	W	F	Education
14	Spaulding, Aaron	Choices CERT	W	M	Treatment
15	Thomason, Deborah	Education Center of Rising Sun	W	F	Education
16	Upton, Breanna	SIEOC	W	F	Education
17	Wilhelm, Laura	Rising Sun Police	W	F	Judicial
18					
19					
20					
21					
22					
23					
24					
25					
26					

#### LCC Meeting Schedule:

Please provide the months the LCC meets throughout the year:

January, February, March, April, May, June, July, August, September, October, November, December

*The first step in developing an effective substance use and misuse reduction plan is to assess your community. A community assessment tells you about your community's readiness to implement prevention, treatment, and justice-related programs to address substance use and misuse. An assessment also provides an overview of the risk and protective factors present in the community, helping your coalition plan more effectively.*

### **Community Profile**

County Name  <b>OHIO COUNTY</b>
County Population  <b>5875</b>
Schools in the community  <b>RISING SUN SCHOOL CORP</b>
Medical care providers in the community (hospitals, health care centers, medical centers/clinics, etc.)  <b>OHIO COUNTY HEALTH DEPARTMENT</b> <b>RISING SUN MEDICAL CENTER</b> <b>HIGH POINT HEALTH HOSPITAL (SERVICES OHIO COUNTY)</b>
Mental health care providers in the community (hospitals with psychiatric/behavioral health units, mental health clinics, private/public providers, etc.)  <b>DEARBORN COUNTY COMMUNITY MENTAL HEALTH (SERVICES OHIO COUNTY)</b>

<p>Service agencies/organizations</p> <p><b>Region 9 Workforce Board – Opioid Grant</b></p> <p><b>River Valley Resources – Adult Ed &amp; Youth Services</b></p> <p><b>JAG Program through Jail – Ohio County shares prosecution and courts with Dearborn County and prisoners are all housed at Dearborn County and qualify for this program.</b></p> <p><b>CHOICES CERT CCS – services Ohio County</b></p> <p><b>Safe Passage (Domestic Violence shelter and services for women) – (services Ohio County)</b></p> <p><b>Safe Passage Sexual Assault Center – services Ohio County</b></p> <p><b>SIEOC – services Ohio County</b></p> <p><b>Kori Jones – IYI – services Ohio County</b></p> <p><b>One Community/One Family – services Ohio County</b></p> <p><b>Purdue Extension (Ohio County)</b></p> <p><b>Education Center of Rising Sun</b></p> <p><b>Big Brothers/Big Sisters of Greater Cincinnati (Services Ohio County)</b></p>
<p>Local media outlets that reach the community</p> <ul style="list-style-type: none"> <li>• <b>Rising Sun Recorder</b></li> <li>• <b>WSCH 99.3 Radio</b></li> </ul>
<p>What are the substances that are most problematic in your community?</p> <ul style="list-style-type: none"> <li>• <b>Alcohol</b></li> <li>• <b>Meth/Heroin</b></li> <li>• <b>Prescription Drugs</b></li> </ul>
<p>List all substance use/misuse services/activities/programs presently taking place in the community</p> <ul style="list-style-type: none"> <li>• <b>Choices CERT is available 24/7 via phone to provide council and place in treatment facilities</b></li> <li>• <b>We have no treatment or recovery groups in Ohio County.</b></li> </ul>

## Community Risk and Protective Factors

*Use the list of risk and protective factors to identify those present in your community. Identify the resources/assets and limitations/gaps that exist in your community related to each. The lists are not all-inclusive and others may apply.*

**Risk Factors Examples:** trauma and toxic stressors; poverty violence; neighborhood characteristics; low neighborhood attachment; community disorganization; community norms and laws favorable toward drug use, firearms, and crime; availability of alcohol and other drugs; weak family relationships; family substance use; peer substance use; mental health problems; families moving frequently from home to home; limited prevention and recovery resources.

**Protective Factors Examples:** strong family relationships; neighborhood economic viability; low childhood stress; access to health care; access to mental health care; community-based interventions; restricted access to alcohol and other drugs including restrictive laws and excise taxes; safe, supportive, and connected neighborhoods; meaningful youth engagement opportunities; local policies and practices that support healthy norms and child-youth programs; positive connection to adults.<sup>1</sup>

Risk Factors	Resources/Assets	Limitations/Gaps
1. Drug and alcohol abuse continues to be a problem in Ohio County. (Concentrated THC inhaler vices) abuse seems is rising.	1. Rising Sun Police 2. Ohio County Sheriff 3. Churches 4. State Funded At Risk Youth Program (DWD) 5. Local Purdue Extension grade and middle school programs. 6. Postive relationship with Judicial system.	1. Availability of alcohol especially to minors 2. Close proximity to large metro areas in KY & OH –drug trafficking. 3. Generational patterns of abuse and neglect 4. Lack of adequate and comparable data with those serving at risk youth
2. Small Rural Community – lack of emergency treatment/intervention programs; lac of anonymity (Stigma)	1.Faith Bases Leadership and Youth Program 2. Regional Federal Funded Opiod Sustance Abuse access for helping individuals affects by the opioid crisis. 3.Theraputic/Counseling Services (available online)	1. Lack of detoxification facilities. 2. Low Parental monitoring and poverty stricken. 3. Financial issues – no insurance coverage 4. Transportation challenges: need shorter travel distance.

<sup>1</sup>Risk and protective factors extracted from IUPUI Center for Health Policy Community Conditions Favorable for Substance Use, April 2018.

3. There continues to be a need to inform and create awareness among citizens of Ohio County about substance abuse issues, resources, and the local coordinating council.	<ol style="list-style-type: none"> <li>1. School</li> <li>2. Law Enforcement</li> <li>3. Education Center</li> <li>4. Medical Center</li> <li>5. Ohio Co Health Depart</li> <li>6. Citizanes</li> </ol>	<ol style="list-style-type: none"> <li>1. Due to small county, those who are involved are in stretched wearing multiple hats.</li> <li>2. Limited outreach resources</li> </ol>
Protective Factors	Resources/Assets	Limitations/Gaps
1. Meaningful youth activity opportunities	<ol style="list-style-type: none"> <li>1. Boys &amp; Girls Empowerment groups</li> <li>2. Youth after school clubs; 4-H, Lego Robotics, Girls on Run, STEM Camps</li> <li>3. After Prom</li> </ol>	<ol style="list-style-type: none"> <li>1. Lack of transportation for all students to participate</li> <li>2. Finances to provide more opportunities both by organizations and family</li> <li>3. Lack of structured child care in county</li> </ol>
2. Programs in neighboring county for treatment/recovery.	<ol style="list-style-type: none"> <li>1. Choices CERT Program</li> <li>2. Oxford Houses in Dearborn Co.</li> <li>3. Region 9 Opioid Grant Resources</li> <li>4. Jail JCAP Program</li> </ol>	<ol style="list-style-type: none"> <li>1. No recovery support groups in Ohio Co</li> <li>2. Citizen mindset that there is no problem.</li> <li>3. Need website in Ohio Co to provide resources</li> </ol>
3. Rural Community that supports local and youth events.	<ol style="list-style-type: none"> <li>1. School sponsored events</li> <li>2. Education Center</li> <li>3. Ohio County</li> <li>4. Law Enforcement</li> <li>5. Ohio County Extension</li> </ol>	<ol style="list-style-type: none"> <li>1. Those involved are stretched doing too many things.</li> <li>2. Lack of resources (hire a coordinator to help get the word out)</li> <li>3. Lack of school participation in drug free council.</li> <li>4. Need for website</li> </ol>

## Making A Community Action Plan

*Now that you have completed a community assessment and have identified the risk and protective factors that exist, you can develop a plan of action. The Comprehensive Community Plan (CCP) is a systematic and community-driven gathering, analysis, and reporting of community-level indicators for the purpose of identifying and addressing local substance use problems.*

Step 1: Create problem statements, and ensure problems statements are in line with statutory requirements

Step 2: Ensure your problem statements are evidence-informed, then prioritize

Step 3: Brainstorm what can be done about each

Step 4: Prioritize your list, and develop SMART goal statements for each

Step 5: List the steps to achieve each goal

### Step 1: Create + Categorize Problem Statements

*Create problem statements as they relate to each of the identified risk factors.*

Risk Factors	Problem Statement(s)
1. Alcohol seems to be easily accessible to underage youth.	1. Underage drinking and alcohol abuse continue to be a problem in Ohio County 2. Adults are purchasing or sharing alcohol with youth. 3. Overall perception by citizens that we don't have a problem.
2. Lack of treatment/support groups in the county continue to be an issue. Accessibility of Drugs because of the tri-state area.	1. Citizen's lack of awareness of treatment/support groups in our area. 2. Citizen's lack of transportation or finances to enter treatment programs. 3. The Drug Free Council does not have a website to provide resources to our citizens. 4. Ohio County is experiencing continued problems with meth, marijuana, heroin and prescription drug abuse
3. Lack of public involvement in the LCC.	1. No school representation 2. No faith based representation 3. No citizen representation

### Step 2: Evidence-Informed Problem Statements

*Identify your top three problem statements using local or state data. Ensure that there is a problem statement for each co-equal funding category (e.g., prevention/education; intervention/treatment; and criminal justice services and activities).*

Problem Statements	Data That Establishes Problem	Data Source
1. Drug (specific to concentrated THC inhaler vices) and alcohol	In 2018, Indiana Youth Survey (IYS) indicated that 26% of 10 <sup>th</sup> graders used alcohol in the past	Indiana Youth Survey



use and abuse by youth is a problem within the county.	month and 36.1% of 12 <sup>th</sup> graders.  In 2018 Indiana Youth Survey (IYS) indicated that the use of Elecontronic vape products has been rising for the past three years with 19.6% using in the past month 29.7% of 12 <sup>th</sup> graders.	Indana Youth Survey
2. Ohio County Drug arrests continue to rise and individuals and families facing issues associated with substance abuse and addiction do have have full range of affordable, accessible intervention treatment and aftercase resources and programs available.	CERT reported transporting 3 inpatient Ohio residents in 2019 and 2 to detox facilities with a total of 144 points of contact.  In 2019, Ohio County had 53 drug related arrests.  Apri, 2020, 8 children from Ohio Co received placement (outside of home) services	CERT  Ohio County Prosectuor  Dept. of Child Services (CHINS) report
3. We have very limited members who are available in our community to support and create awareness of our organization.	Of our members we only have members who are representing not for profits or judicial.	See members list

### Step 3: Brainstorm

*Consider the resources/assets and limitations/gaps that were identified for each risk factor, and list what actions can be taken for each identified problem statement.*

Problem Statements	What can be done (action)?
1. Reduce alcohol consumption of underage youth and use of THC inhalers.	<ol style="list-style-type: none"> <li>1. Awareness of community of consequences of alcohol and inhalers use as “gateway” to future drug or alcohol abuse.</li> <li>2. Support local Law Enforcement with equipment and programs which address underage drinking.</li> <li>3. Continue supporting programs that target at risk students which focus on students making good choices.</li> <li>4. Continue to encourage the school to participate in the Indiana Youth Survey to provide data on alcohol use by youth.</li> </ol>

	5. Promote prevention strategies and programs for youth: Big Brothers, Big Sisters, PAX Good Behavior Game, 40 Developmental assets, Boys/Girls Empowerment, etc.
2. Reduce Adult drug use and increase resources for Ohio County residents for treatment facilities within a 2.0 hr or less radius.	1. Create a website for Citizens for Drug Free Ohio County to provide resources. 2. Continue partnership with CHOICES CERT and other appropriate agencies for referrals. 3. Look for grant opportunities to help with transportation and treatment costs.
3. Increase efforts of cultivating a healthier community and membership. Continue to encourage and engage a partnership with those who desire to have a common focus of awareness and receptivity.	1. Plan Community Events with Drug Awareness, Prevention and Education. 2. Provide information to students, parents, teacher and others who work with at risk youth and adults, about the risks of substance abuse. 3. Create a website for Citizens for Drug Free Ohio County to provide resources and current information. 4. Plan a membership drive to work on recruiting citizens who have passion to help.

#### Step 4: Develop SMART Goal Statements

*For each problem statement, prioritize your list of what can be done. Choose your top two actions for each. Then, develop goal statements that demonstrate what change you hope to achieve and by when you hope to achieve it.*

<b>Problem Statement #1</b>
Goal 1 Reduce the number of 6 <sup>th</sup> , 10 <sup>th</sup> & 12 <sup>th</sup> grade students who have used alcohol in the past month.
Goal 2 Reduce the number of 6 <sup>th</sup> , 10 <sup>th</sup> and 12 <sup>th</sup> grade students who report using vapes in the past month..
<b>Problem Statement #2</b>
Goal 1 Reduce the number of adult drug arrests in Ohio County.
Goal 2 Increase services for individuals who need detox or treatment services.
<b>Problem Statement #3</b>
Goal 1

Create a website for the Drug Free Council.
<p>Goal 2</p> <p>Plan a membership drive to recruit citizens to increase membership.</p>

### Step 5: Plans to Achieve Goals

*For each goal, list the steps required to achieve each*

Problem Statement #1	Steps
<p>Goal 1</p> <p>Reduce the number of 6<sup>th</sup>, 10<sup>th</sup> &amp; 12<sup>th</sup> grade students who have used alcohol in the past month.</p>	<ol style="list-style-type: none"> <li>1. Contact school about the importance of a SADD member or school personnel to be at meetings.</li> <li>2. Support after school programs and mentoring programs which emphasize good choices.</li> <li>3. Participate in High School After Prom with Alcohol simulation goggles.</li> <li>4. Partner with the school on Red Ribbon Week and substance abuse awareness.</li> </ol>
<p>Goal 2</p> <p>Reduce the number of 6<sup>th</sup>, 10<sup>th</sup> and 12<sup>th</sup> grade students who report who report using vapes in the past month.</p>	<ol style="list-style-type: none"> <li>1. Host a Community forum to inform parents of what to look for and the dangers of vaping.</li> <li>2. Provide resources on our website about the consequence/risks of vaping.</li> <li>3. Support the Prosecutor's office in providing program on "risk of vaping."</li> </ol>
Problem Statement #2	Steps
<p>Goal 1</p> <p>Reduce the number of adult drug arrests in Ohio County</p>	<ol style="list-style-type: none"> <li>1. Support Local Law Enforcement agencies and other organizations in combating criminal activity related to drug use.</li> <li>2. Support Prosecutor's office through their JCAP and Drug Court.</li> <li>3. Support local efforts to collect and dispose of unused/unwanted prescription drugs.</li> </ol>
<p>Goal 2</p>	<ol style="list-style-type: none"> <li>1. Support CERT and other providers of assessment and treatment.</li> </ol>

Increase services for individuals who need detox or treatment services.	<ol style="list-style-type: none"> <li>2. Support increased resources for agencies to make Referrals.</li> <li>3. Create a resource handbook for our area to have available to any organization.</li> </ol>
<b>Problem Statement #3</b>	<b>Steps</b>
<p>Goal 1</p> <p>Create a website for the Drug Free Council.</p>	<ol style="list-style-type: none"> <li>1. Check into costs and individuals willing to create a website for our LCC.</li> <li>2. Secure funding for the cost of research unpaid internship.</li> <li>3. Research about what elements to include in a website, easy site navigation and user friendly.</li> <li>4. Gather input from stakeholders.</li> </ol>
<p>Goal 2</p> <p>Plan a membership drive to recruit citizens to increase membership.</p>	<ol style="list-style-type: none"> <li>1. Identify events or gatherings where the LCC can have a more visible role and increase legitimacy of our awareness, education and prevention work to help bring other to the table.</li> <li>2. Sponsorship through volunteer time to help increase activity and awareness of our council (neighboring recovery fundraising events). Although we are small, passionate stakeholders will need to commit.</li> <li>3. Continue our developing and planning of a county wide event whereas all lifestyles can embrace a positive relationship with one another and witness why it is important to come together.</li> <li>4. Look at using technology (new website) and social media tools to make sharing easier for those who do not have the time or resource constraints of in-person meetings..</li> </ol>

## Fund Document

*The fund document allows the LCC to provide finances available to the coalition at the beginning of the year. The fund document gauges an LCC's fiscal wellness to empower their implementation of growth within their community. The fund document also ensures LCCs meet the statutory requirement of funding programs within the three categories of (1) Prevention/Education, (2) Treatment/Intervention, and (3) Criminal Justice Services and Activities (IC 5-2-11-5).*

## Funding Profile

Amount of funds deposited into the County Drug Free Community Fund from fees collected last year (\$100.00): <b>\$6709.53</b>		
Amount of unused funds that rolled over from the previous year (\$100.00): <b>\$14,377.56</b>		
Total funds available for programs and administrative costs for the upcoming year (\$100.00): <b>\$21087.09</b>		
Amount of funds granted the year prior (\$100.00): \$0 (We approved \$7,000 but because CCP was not approved until late, it was not distributed. We did ask the Auditor to encumber the funds and are asking for them to be able to be disbursed along with grants for 2020)		
How much money is received from the following entities (if no money is received, please enter \$0.00):		
Substance Abuse and Mental Health Services Administration (SAMHSA): \$0		
Bureau of Justice Administration (BJA): \$0		
Office of National Drug Control Policy (ONDCP): \$0		
Indiana State Department of Health (ISDH): \$0		
Indiana Department of Education (DOE): \$0		
Indiana Division of Mental Health and Addiction (DMHA): \$0		
Indiana Family and Social Services Administration (FSSA): \$0		
Local entities: \$0		
Other:		
<b>Funding allotted to prevention/education; intervention/treatment; and criminal justice services and activities (\$100.00):</b>		
Prevention/Education: \$5271.77	Intervention/Treatment: \$5271.77	Justice: \$5271.77
<b>Funding allotted to Administrative costs:</b>		
<i>Itemized list of what is being funded</i>		<i>Amount (\$100.00)</i>
Website		\$1,500
Community Meeting Supplies		\$1,000
Mileage		\$1,000
Literature, Promotion,		\$1,500
<b>Funding allotted by Goal per Problem Statement:</b>		
<b>Problem Statement #1</b>	<b>Problem Statement #2</b>	<b>Problem Statement #3</b>
Goal 1: 2020 – \$4,500	Goal 1: 2020 – \$3,250	Goal 1: \$1,000 (Admin \$)
Goal 2: 2020 – \$2,250	Goal 2: 2020 – \$6,000	Goal 2: \$500 (Admin \$)

--	--	--